



G·O·L·D·E·N
BOUGH

Nutrition Facts

PRODUCT DESCRIPTION

Product Name	CINNAMON BARK PIECES
	Écorce de Cannelle
Botanical Name	<i>Cinnamomum cassia</i>
Item No	130

Nutrition Facts		Valeur nutritive	
Per 1/8 cup (10 g)		Par 1/8 Coupe (10 g)	
Amount	% Daily Value	Teneur	% Valeur quotidienne
Calories 26		Calories 26	
Fat 0.32 g	<1%	Lipides 0,32 g	<1%
Saturated 0.066 g	<1%	saturés 0,066 g	<1%
+ Trans 0 g		+ trans 0 g	
Cholesterol 0 mg	0%	Cholestérol 0 mg	0%
Sodium 2 mg	<1%	Sodium 2 mg	<1%
Carbohydrate 8.21 g	3%	Glucides 8,21 g	3%
Fibre 5.5 g	22%	Fibres 5,5 g	22%
Sugars 0.22 g		Sucres 0,22 g	
Protein 0.3 g		Protéines 0,3 g	
Vitamin A 1%	Calcium 11%	Vitamine A 1%	Calcium 11%
Vitamin C 2%	Sodium <1%	Vitamine C 2%	Sodium <1%
Iron 28%		Le fer 28%	

This information is presented in the belief that it is accurate and reliable; however, no warranty, either expressed or implied is made and no freedom from liability from patents, trademarks, or other limitations should be inferred. Any data listed are averages only and are not to be considered as guarantees expressed or implied, nor as a condition of sale. Final determination of suitability of any material is the sole responsibility of the users.